



FamilyWorks

Family Resource Center & Food Bank



1501 N. 45th Street in Wallingford
206-694-6727

Positive Parenting of School Age Children

Would you like to learn about communicating more effectively with your children, have a better understanding of their behavior, and help build their self-esteem? You can in this free six-week parenting class designed for parents and caregivers of children ages 5-12. We will also talk about positive discipline techniques. The class facilitator will be Kim Buehlman, MA, LMHC. Limited, free childcare is available only for children aged 5-12. **Registration is required** for class and childcare. The parenting book for this class is \$10 (scholarships are available).

Please call 206-694-6727 to register

When: Six Thursdays, Jan 7 - Feb 11, 2010 from 6:30-8:30 pm

Where: at BF Day Elementary School
3921 Linden Ave N. 98103

This class is free but donations are greatly appreciated.

FamilyWorks is supported by donations, grants, and funding from the City of Seattle Human Services Dept.

Special Accommodations must be requested at least two weeks in advance.

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Positive Parenting of School-Agers
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